

Derbyshire Matters



Foundation
Derbyshire



Why do we matter?

Foundation Derbyshire has been working as a trusted partner to both donors and community groups in Derbyshire for over 21 years.

- We have been entrusted with more than £7m of donors funds
- Our work has made a real difference in our county with over 5,000 grants made, totalling over £14.5m to date
- National Partners (such as Comic Relief) rely on us to deliver funding to those most in need throughout Derbyshire

Why work with us?

Through our links to over 2,000 community groups in Derbyshire, we are able to clearly articulate the need in our county to people and organisations who want to make a difference on their doorstep:

- There's no-one better connected to the local community
- We understand what's needed locally, even if you don't know where to start
- We're very experienced too, helping donors with a few pounds a month to give, through to managing multi-million pound funds for wealthier philanthropists
- There's little we can't fund. Amongst other things, we've supported carers, survivors of domestic abuse and isolated elderly residents, the provision of counselling, advice and childcare services, culture and sport
- You can be involved as little or as much as you like and trust us to deliver your wishes, in perpetuity
- We take care of the paperwork and help you to make the most of the tax advantages available

In a nutshell our aim is, with your help, to make a difference to people's lives across Derbyshire every day.

Without the ongoing support from Foundation Derbyshire and their faith and belief in the services that the charity provides, we would not have grown into the passionate and dedicated team that we are today. So I would like to say a big thank you to all at Foundation Derbyshire for supporting and encouraging a home grown, service user led charity. - CEO, Local Charity



Let's Talk

Aye up!

Welcome to the first edition of Derbyshire Matters and the start of a very important conversation.

Whether you're a resident, business, voluntary group or statutory organisation, your contribution matters.

We've made a great start...



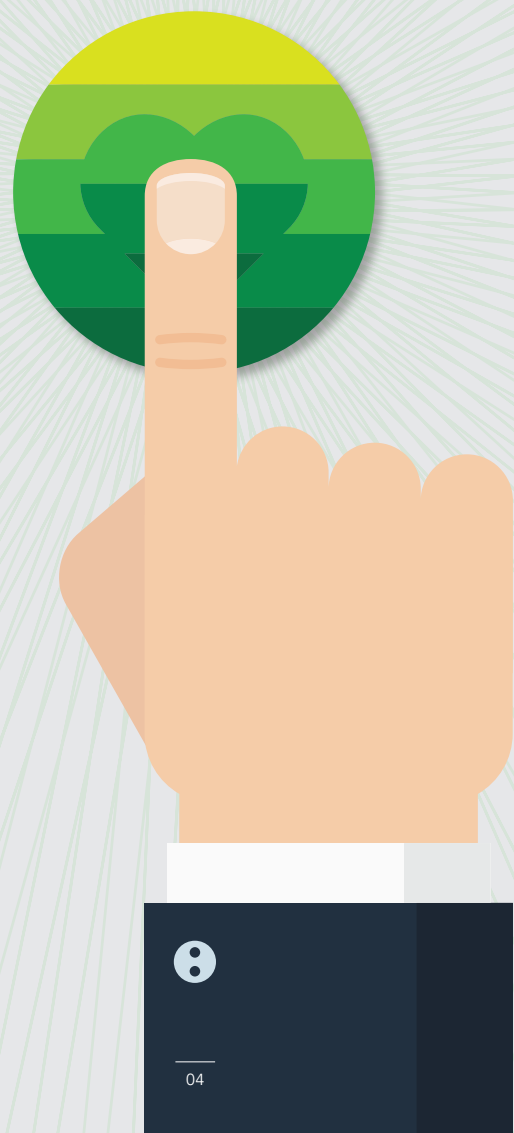
...by working hard to improve the lives of people most in need within our community.

We're enormously proud to have provided support to a wide-range of activities from sport, arts & culture through to employability and rural issues.

In turn, we need to talk about our work, advising our many donors and supporters who really want to make a lasting difference in their local community. Our wealth of experience over the last 21 years means that we've learned how to offer sound advice on where and how to invest their charitable giving.

We believe our core strength lies in our ability not only to fund a wide and diverse range of activities but also to identify new pressure points specifically within Derbyshire, either because of their scale or their acuteness. A long-standing relationship with hundreds of local community groups has created a deep understanding of what's needed.

Most recently, we've used our local knowledge to direct donor funds towards key issues in Derbyshire, before they hit the national headlines, in areas such as domestic violence, food banks and the mental health of young people.



As a starting point...

..we've identified three of the current challenges that Derbyshire is facing as:

1. Improving mental health, particularly of young people
2. Caring for an ageing population
3. Tackling poverty and disadvantage

By digging a little deeper into these issues over the next few pages, we hope to clearly demonstrate how Foundation Derbyshire, through its grant making, is helping to fund the vital work being done by local community groups across Derbyshire.

...but there is still so much more to do...

Over the coming years, we hope that Derbyshire Matters will grow into much more than our own analysis of local need.

Whilst it's important to explain what we are doing, whether it's working and how you can participate, it's crucial to encourage meaningful discussion.

We need input from all our stakeholders, whether they are part of the voluntary, statutory or corporate sectors.

It's not only vital to showcase the work already being delivered across Derbyshire, but also important to give grassroots community groups a voice. Without this perspective, we would truly struggle to identify where support is needed most and, importantly, where it's needed next.

In so doing, and in the face of increasing need across our county, we hope that we inspire those who aren't already working with the Foundation to join us, in whatever way they can, and make a difference for Derbyshire, for Good.

Challenge 1

Improving mental health, particularly of young people

The emotional wellbeing of children and young people is just as important as their physical health. Good mental health helps them to cope with whatever life throws at them, giving them the space to grow into well-rounded, healthy adults.

Pressure on young people today can be enormous. The ever-changing world of social media can increase feelings of inadequacy and anxiety. Many worry over what the future holds, as well as those ever-present fears around 'fitting in' and the transition from childhood to adulthood. Anxiety, depression, self-harm or eating disorders are often a direct response to what is happening in their lives.

These issues can be further compounded by poverty, or where a young person's circumstances leave them particularly vulnerable.

Local Derbyshire charities and community groups are playing an ever-increasing role in the support of young people. In our towns, villages and schools these groups are dealing with the personal fall-out from mental health crises, supporting not only the young people themselves but also their families, siblings and carers.

DID YOU KNOW?

Nationally...

Fact 1

New research by the UCL Institute of Education shows that a quarter of girls (24%) and 1 in 10 boys (9%) are depressed at age 14 and 50% of mental health problems are established by age 14.

Fact 2

The number of young people being admitted to hospital because of self-harm over the last ten years has increased by 68%.

Fact 1

1 in 10 children and young people have a diagnosable mental health disorder. This equates to over 10,000 young people across Derbyshire.

In Derbyshire...

Fact 2

Based on national estimates, there are approximately 15,700 to 19,600 young people aged 10 to 24 years in Derbyshire who self-harm, with a higher hospital admission rate for self-harm amongst young people in Derbyshire compared to England.



How Foundation Derbyshire is helping...

Case Study



THE FUND

The **Rolls-Royce Fund** works with Foundation Derbyshire every year to identify a project to address the region's most urgent needs. In 2016 the Fund focused on mental health projects working with children and young people, a topic which has since gained significant national media coverage.

WHAT WE DID

Derby Cruse Bereavement Care is the leading national charity for bereaved people. At a challenging time in their lives, the team provides valuable support and advice to the young when someone dies. This can involve face-to-face meetings, help over the telephone, or via email or online.

Facing a 100% statutory funding cut, the **Rolls Royce Fund** helped to preserve this service across Derbyshire.

The **Rolls-Royce Fund** also supported **Relate Derby & Southern Derbyshire** who are part of the UK's largest provider of relationship support. Facing significant statutory funding cuts, the charity received Rolls-Royce funding for the 'SafeSpeak' project, a specialist young people's counselling service.

The funds were used to buy in additional hours of counselling time to help reduce the growing waiting list.

THE RESULT?

These projects directly led to an additional 125 children and young people receiving counselling and guidance; significantly, at a critical point in their lives.

Case Study



THE FUND

The **Walbrook Fund** is designed to support community activity working in geographical areas of high disadvantage and with some of the most vulnerable people in our communities.

WHAT WE DID

First Steps Derbyshire is the county's only charity focusing on eating disorders and body image.

All First Steps staff and volunteers have personal experience of living with an eating disorder and the difficulties associated with getting supportive and non-judgemental help and support.

Foundation Derbyshire first invested in this charity through the **Firm Foundations Fund** back in 2007.

The additional funding provided by the **Walbrook Fund** supported bespoke training for staff and health professionals on diabulimia, an eating disorder within people who have Type 1 diabetes, who are dangerously medicating with less insulin than their body requires in order to lose weight.

THE RESULT?

The training that this grant is funding will reach up to 80 young people with diabulimia and help GPs and health and education professionals to be more aware of the signs and symptoms of this eating disorder.



Challenge 2

Caring for an ageing population

The issue of social care and how society deals with an ageing population is never far from the headlines. Ageing is a process which affects every family and a sudden change in circumstance can turn the plans of any of us upside down.

The problems can often seem insurmountable and it might seem implausible that small grant making can make a difference. However, the work being done by small groups at a grassroots level is crucial. It augments the high-level strategic campaigns being undertaken by the bigger national charities.

Local community based groups know their members. They are in the same village or street and can provide a level of care and personal connection that national organisations struggle to deliver.

Keeping these fantastic services alive ensures we boost the health, well-being, independence and dignity of older people in Derbyshire.



DID YOU KNOW?

Nationally...

Fact 1

Over half (51%) of all people aged 75 and over live alone (ONS, 2010) and two fifths of all older people (about 3.9 million) say the television is their main company.

Fact 2

People with a high degree of loneliness are twice as likely to develop Alzheimer's as people with a low degree of loneliness.

Fact 3

Latest estimates suggest 1.3 million people over 65 suffer from malnutrition and across the UK nearly 1 million people aged 65 and over have had to cut back on food shopping over recent years to cover the cost of utility bills.

In Derbyshire...

Fact 1

The population aged 90 + has increased by 60% since 2001 and is set to more than double by 2039.

Fact 2

14% of older people in our county live in low income households. This rises to 25% in Chesterfield.

How Foundation Derbyshire is helping...

Case Study



THE FUND

In 2016 an anonymous donor chose 19 community foundations across the UK to deliver a very specific philanthropic wish: to support grassroots organisations helping elderly people in local communities.

As a result of this donation, the £150k **Derbyshire Older People's Fund** was launched in April 2017 to help tackle the problems faced by many older people in our towns and villages. The fund has already proved immensely popular. However, the fund will end in July 2019 and the gap it will leave is already of concern to us.

WHAT WE DID

Darley Dale Reading and Discussion Group has established a Book Group for people living with early stage dementia and their carers. Many of their 'topics' are linked to reminiscence and the group has become a warm supportive environment to share stories, thoughts and issues.

A partnership project involving **High Peak Community Arts, Glossop Arts Project, Glossopdale Community School and Whitfield House** enabled school children working with elderly residents to create art for their own walls and communal areas of the property.

THE RESULT?

These projects are bringing a sense of optimism, self-esteem and belonging to some of the county's most vulnerable and disadvantaged older people, providing opportunities for them to be part of the community and to develop and maintain vital social contacts.



Case Study



THE FUND

The Hall Family Fund provides funds to support groups working in rural areas or groups addressing rural issues.

WHAT WE DID

At **Buxton Talking Newspaper** a loyal band of volunteers meets every week to audio record the contents of local papers and magazines. Their voices and their words travel across the High Peak and connect over 100 elderly and visually impaired people to the outside world.

Adjusting to life with visual loss can be emotionally very challenging. It can cause depression and low mood, on top of having to cope with the necessary practical changes to a person's daily lifestyle. To be able to keep in touch with what is going on in and around one's home area enables listeners to understand how things are changing and gives them the sense of feeling joined to and part of their community, helping to maintain a sense of independence that so many feel is slipping away.

A small grant from the **Hall Family Fund** was able to revitalise and grow the group's stock of USB sticks and audio recording equipment to support the expansion of their service into local care homes, as well as to private residents.

It sounds such a simple thing, but being able to keep up with daily life through a local paper or magazine can lift a person's spirits, provide them with entertainment and solace and help to maintain a sense of independence that so many feel is slipping away.

THE RESULT?

Our **Older People's Fund** provides vital support to groups that can often struggle to source funding elsewhere:

"With most funding being generic or multi-age in the UK, we find older people's projects become excluded, because their bids fail to meet the expected targets possible within a younger age group. For older people's groups accessing funding it can be bewildering, as often they are a group of older volunteers who just want to get on with delivering their project. Having this dedicated older people's fund offered via the Foundation, with a clear application process, can ensure even the smallest older people's service can access the money they need". - Katy Pugh, CEO Age UK Derby and Derbyshire



Challenge 3

Tackling poverty and disadvantage

Derbyshire is a beautiful place, famed for its picturesque scenery, but hidden across our county lie pockets of significant disadvantage.

Many people in Derbyshire are struggling to access the everyday basics of life; food, heating, clothes and a home. A lot of young people are deprived of the 'normal' experiences most of us take for granted and have no access to positive role models.

Fuel poverty is also a major issue for people in our communities who have to make the daily decision between heating and eating.

The causes of poverty are complex and often a change in either employment or personal circumstances can quickly lead to debt and individuals being unable to make ends meet.



DID YOU KNOW?

Nationally...

Fact 1

One in eight people would not be able to last more than a week if they lost their main source of income – Fixing Family Finances, University College London, 2016

Fact 2

Research by the charity Crisis indicates that over 60% of single homeless people are hidden and do not show up in official figures.

Fact 3

17% of children live in income deprived households.

In Derbyshire...

Fact 1

There are now more than 30 food banks operating across the County. The Derbyshire Observatory 2014-17 report states that more working families need the assistance of food banks.

Fact 2

A quarter of all households across Derbyshire are classed as economically deprived.

How Foundation Derbyshire is helping...

Case Study

THE FUND

The **Jefford Weller Fund** works to support people currently experiencing homelessness, from the basics of blankets and food, through to helping create a strong pathway to sustained tenancies and new opportunities.

The Fund invests in schemes and programmes which aim to reduce the threat of homelessness and seek solutions that lead away from the streets, bed and breakfasts or a friend's sofa.

WHAT WE DID

Pathways of Chesterfield offer services to homeless people and people at risk of homeless in across North East Derbyshire, providing Chesterfield's only centre for people experiencing a housing crisis. In 2016, they experienced a rise of over 20% in the number of new service users. They received a grant from the **Jefford Weller Fund** to allow them to purchase fresh food items, such as milk and meat, which are harder to source from donations.

They are also exploring an innovative 'ready meal' option to give hot, balanced meal choices to rough sleepers out in the community.

THE RESULT?

This relatively small grant will enable **Pathways**, for an entire year, to offer their clients (many of whom may not have eaten a proper meal in days) a nutritious and freshly prepared meal at the weekly social group.



Case Study

THE FUND

The **Walbrook Fund** selects projects working in the most deprived wards in Derbyshire, where poverty is a reality to so many. Alongside geographical disadvantage they also look to offer lifelines to people whose lives are in chaos or those who are facing challenging times.

WHAT WE DID

G52 is a group which operates out of Gamesley in Derbyshire's High Peak. Their 'Bellies not Bins' project enables a redistribution of fresh produce from local shops and Fareshare prior to it being sent to landfill. With winter fast approaching **G52** approached us to expand their services to further assist their most vulnerable clients who were in short term crisis situations by distributing fuel vouchers, providing additional support, including energy & debt management.

THE RESULT?

The success of the scheme propelled **G52** into talks with Npower who offered further financial support for the fuel voucher programme.



Case Study

THE FUND

The **Ashby Fund** works to improve the quality of life for Derbyshire residents and tackle inequalities and disadvantages in local communities.

WHAT WE DID

Belper Early Years Fun (BEYF) is a volunteer-led group of local parents and residents recently set up to fight the closure of Belper Children's Centre. The direct area surrounding the Centre is on the cusp of the top 20% worst wards across the UK in respect of child poverty. Despite the Centre's closure, the group has taken over the lease of the building and are continuing to support vulnerable families to whom the Children's Centre has a day to day lifeline. They provide opportunities for pre-school aged children through play and a welcoming venue for parents and carers to meet, reducing isolation and creating a strong network for peer support.

THE RESULT?

The Foundation provided support to this volunteer group at a critical juncture in its life, helping them to cover running costs and focus on the Centre's future.





Why you, why now?

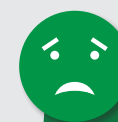
People are facing real adversity across Derbyshire. It's a sad fact that the number of applications we receive always outweighs our available funds.

Additional funds can help us give support to groups that are working to tackle issues, including those we have highlighted in this publication; an on the ground source of funds to meet the local needs that national funding just cannot reach.

Extra donations and additional funds will help us to improve lives. The need to give more support to community groups is clear. Tackling issues, such as those we've highlighted here, is crucial to the well-being of Derbyshire people but without a large enough responsive pot we will struggle.

Whilst our flow through funding programmes are a vital source of money for hundreds of groups, it is only through increasing our endowment funds that our grant making can be truly sustainable.

'Over the last 2 years our fund has been able to support 75% of bids put forward. However, the panel has often felt unable to offer as much as they would have liked conscious of gaps left by funding cuts and the increases in demand for services'. - Quote from Wallbrook Fund Panel Member



In a recent call out by Foundation Derbyshire to support projects within the area of young people's mental health, the number of applications outstripped the funds available by 350% and the stories put forward painted a harrowing picture.

A third of groups who applied had faced recent funding cuts, which were directly affecting their services and resulting in either a scaling back or total loss of whole areas of their work with young people. Many had significant waiting lists or were not accepting any new referrals.

So many ways you can help...

1. Establish a Named Fund

A named fund within Foundation Derbyshire makes it possible to support the local community now and for generations to come. We handle all legal and administrative requirements and work with you to make your charitable giving easier and more rewarding.

Your fund can be established with a one-off gift or built up over time and we accept donations of cash, shares, land or property. We never forget that each fund is different and work with you to ensure it will support the causes you care about, in perpetuity.

“By establishing a named fund with the Foundation... my father and I were able to work with the Foundation to create ‘The Tom Carey Charitable Fund’ and, in so doing, fulfil his personal and specific charitable objectives. I now derive a great deal of comfort from the fact that he was instrumental in establishing his legacy to the area he loved so dearly and was able to witness the impact of his generosity”.

- Tim Carey, son of donor and Tom Carey Fund Panel member

2. Leave A Legacy

When it comes to making a Will, most people quite rightly want their estate to help members of their family and the friends they care about. But it is also a time when you could choose to make a difference to the lives of other people as well; to those people close to home who live in your community.

Any gift you make, great or small, would go on helping over and over again. Because every penny left to us is invested and the income generated is then used to make grants to support local people year after year.

3. Transfer an existing Charitable Trust

Anyone involved in the administration of a charitable trust knows how much hard work and effort is required to ensure that it runs efficiently, effectively and in line with the Charity Commission’s statutory requirements.

The Charity Commission and community foundations have worked closely to ensure that trustees seeking to revitalise moribund, dormant or ineffective trust funds (and who are looking for an effective way to carry on their good work in future years) can release their funds to a community foundation as part of their appraisal of options.

“The Foundation offered us the perfect solution...and assumed full administrative responsibility...[their] local knowledge and county wide profile means that we are now able to help groups and individuals, of which we

were previously unaware and increase the diversity of our grant making activity. The transfer process itself was seamless and for the recipients of our grants it’s been business as usual” - John Weston, Fundholder

4. Work with us to deliver your Corporate Giving programmes

Many companies have a budget for corporate social responsibility but few have the time, resources or expertise to deal with the many requests for support they receive. It can often be difficult to know which groups or projects to choose.

We provide an innovative and cost effective way to invest in your local community, offering a range of tailor made services to help companies channel your charitable giving in a tax efficient and effective way. Unlike most charities, we have the versatility to assist a wide range of causes, from children to older people, from the arts to the environment.

‘Rolls-Royce is committed to building positive relationships within the communities where we operate and investing in Foundation Derbyshire was a smart way for us to provide long term support to local groups and activities in Derbyshire. Not only do we benefit from the Foundation’s grant making experience and knowledge of the local voluntary sector, but the endowment nature of our Fund means, over time, the value of the grants given out in Rolls-Royce’s name will exceed the capital donations we have made’

- Paul Broadhead, Head of Community Investment and Education Outreach, Rolls-Royce plc

5. Payroll Giving

Payroll Giving enables you to give directly to Foundation Derbyshire through your payroll. Your donation is made direct through PAYE before tax is deducted and the balance is made up by the Inland Revenue. We would also be delighted to talk to companies that would like to establish a payroll giving scheme for their employees.

What to do next?

Contact Rachael Grime, our Chief Executive, to see how we can work together to create a brighter future for Derbyshire.



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